

Lent Devotional

Receive and Give Back

This Lenten Season consider taking on a discipline of Bible reading.

The Presbyterian Church USA website lists daily scripture readings:

www.presbyterianmission.org/devotion/daily/

Readings for each Sunday and special days:

www.presbyterianmission.org/devotion/revised-common-lectionary/

There are at least five readings for each day. You may want to read them all, but select one and spend some moments in reflection on how you hear God speaking to you in that passage.

Begin with prayer, ***Merciful God, open my mind and spirit to hear your word to me this day. Amen.*** Then use the 3-H Bible Study Plan, below, to guide your reflection.

3 – H Bible Study



HEAD: What does this passage mean? How is it to be understood? Is there one main point or several major points? What terms need definition, what is the context (historically and within the Bible)?



HEART : How does this passage speak to me personally? What is God's special message to me? How do you resonate with, or not, the logic or purpose of this passage? What would it feel like to be the speaker in the passage (to be like the psalmist) or to be a character in the story (such as one in one of Jesus' parables)?



HANDS: What am I being asked to do? How is this passage asking me to change something in my life? In what way can I put this message into direct action?

Check the Sardis website: www.sardis.org, for service opportunities through which you can put God's-word-to –you into action!