

# Adult Fellowship Opportunities

## Special Events

### M&Ms

#### *Fellowship Group for adults ages 55+*

Join us on Friday, November 2 at 5:00 p.m. in the Sardis House. Contact Anne Sweeney, 704.942.6521.

### Advent Tea

#### *Women of all ages*

Bring a friend and a teacup and enjoy teatime with light food and fellowship. We will light an Advent wreath, and enjoy Scripture and song. Join us as we prepare our hearts for Advent!

### Women's Retreat

#### *Women of all ages*

Join us as we get away for two nights at Camp Dogwood in Lake Norman, NC on Friday, February 8 through Sunday, February 10. More information and registration will be available at [www.sardis.org](http://www.sardis.org) in November.

## Bi-Weekly & Monthly Opportunities

### Friendship Connection

#### *Fellowship group for retirees*

This group meets on the 3rd Tuesday of each month at 11:00 a.m. in the Sardis House for a variety of activities and speakers. Contact Jane Fobel, [jane.fobel@sardis.org](mailto:jane.fobel@sardis.org).

### Prayer Shawl

#### *Crocheters and Knitters*

Combine fellowship and service and join the Prayer Shawl Ministry the 2nd and 4th Thursdays of each month at 2:00 p.m. in the Parlor. Contact Peggy Barid, 704.366.3282.

## Sports & Recreation Opportunities

### Sardis Walkers

#### *Mondays, Wednesdays, Fridays | 7:00 a.m. | Fellowship Hall*

This group meets for a time of fellowship and walking. Contact Susan Hudson, 704.421.4122.

### Pickleball

#### *Tuesdays | 7:00 p.m. | Fellowship Hall*

A fun activity for adults and youth. No experience needed! Contact Steve Carpenter, [stevecarpenter@carolina.rr.com](mailto:stevecarpenter@carolina.rr.com).

### Yoga

#### *Tuesdays & Thursdays | 9:15 a.m. | Sardis House*

\$5 per class. Contact Cay Moore, [caymoore@bellsouth.net](mailto:caymoore@bellsouth.net).

### Tai Chi

#### *Tuesdays | Intermediate: 4:15; Beginner: 5:15 p.m. | Sardis House*

\$18 per month. Contact Jane Fobel, [jane.fobel@sardis.org](mailto:jane.fobel@sardis.org).

### Adult Basketball

#### *Wednesdays | 7:00 p.m. | Fellowship Hall*

Contact Adrian Martin, [adrian.martin@sardis.org](mailto:adrian.martin@sardis.org).



## Adult Sunday School Classes 10:00 a.m.

### **Bible Study for Women | Parlor, Sanctuary Building** *Contact Pat Campbell, [patcampbell5610@gmail.com](mailto:patcampbell5610@gmail.com)*

This fall, all ages of women are welcome to join and engage in a focused study of the Gospel of John.

### **Crossroads | Room 211 Fellowship Hall** *Contact Jan Rosser, [pjros@windstream.net](mailto:pjros@windstream.net)*

This is a lecture format Bible study with a range of ages. This fall the study will be based on Galatians, Ephesians, and Philippians.

### **Discussing Bible Books and Topics | Room 108 Ed. Hall** *Contact Norm Schul, [schulnorman@gmail.com](mailto:schulnorman@gmail.com)*

Men and women, middle aged and older, find a place in this class. There are a varied range of topic, from a series on Bible study to a series on current events. The fall study will use the book, "Seeing Gray in a World of Black and White".

### **Java | Room 213 Fellowship Hall** *Contact Aric Beals, [aricb17@gmail.com](mailto:aricb17@gmail.com)*

Members of this class are parents of children and youth. They are discussion based classes that examine current issues and events through the lens of faith and parenting.

### **Reading for Reformed Reflection | Room 214** *Contact Jane Fobel, [jane.fobel@sardis.org](mailto:jane.fobel@sardis.org), to purchase your book.*

Class members read a common book and discuss the week's designated reading. This fall selections are *Jonathan Livingston Seagull*, by Richard Bach, and *Interrupting Silence: God's Command to Speak Out: A Bible Study for Adults*, by Walter Brueggemann.

### **Robert Pharr Men's Class | Room 212 Fellowship Hall** *Contact Bill Hester, [bhester@ea1031.com](mailto:bhester@ea1031.com)*

All ages of men are welcome to join and engage in a focused study of the Bible. This fall the class will examine the Gospel of Mark.

### **Salty Fish | Room 210 Fellowship Hall** *Contact Brenda McKay, [brendamckay58@yahoo.com](mailto:brendamckay58@yahoo.com)*

This class of empty nesters, married and single, joins study with service. This fall the study will examine the different branches of Christianity.

### **NEW! What Presbyterians Believe About...** *Meets once a month in the Dining Room | 9/16, 10/21, 11/18, 12/16* *Contact Joe B., [joebmartin@sardis.org](mailto:joebmartin@sardis.org)*

The class will examine what Presbyterians believe about topics such as the Trinity, money, the afterlife. Visitors, new members, parents, and anyone who is interested in that month's topic are welcome.

# Adult Fall Midweek Studies

## Disciple Bible Study (Fast Track)

September 13 - December 6

Disciple Bible Study is a program that provides a walk through the Bible— Genesis through Revelation. The study of scripture is joined with reflection on how the words of the Bible inform and direct our growth as disciples of Jesus Christ.

- **Thursday Mornings:** Led by Katie Harrington  
**10:00 - 11:30 a.m. | Room 210**
- **Thursday Evenings:** Led by Jane Fobel  
**6:30 - 8:00 p.m. | Room 211**

Participants will need to purchase a study manual (\$12.50). To order a copy, register and pay online at [www.sardis.org](http://www.sardis.org) or email Katie Harrington ([katie.harrington@sardis.org](mailto:katie.harrington@sardis.org)).

## Presbyterian Questions & Presbyterian Answers

September 13

This study will examine the central affirmations held by Presbyterians. We will explore questions like What is predestinations and what is not? What is the meaning of infant baptism? How do we read the Bible? And many more questions around the Reformed Tradition.

- **Thursday Mornings:** Led by Jane Fobel  
**10:00 - 11:30 a.m. | Sardis House**

The class will be guided by Donald McKim's book, *Presbyterian Questions, Presbyterian Answers*. Each participant will need a copy of the book. Copies will be available for loan or may be purchased for \$9.50. Register for this class online at [www.sardis.org](http://www.sardis.org) or email [jane.fobel@sardis.org](mailto:jane.fobel@sardis.org).



# Adult Small Group Opportunities

## Women of Sardis Circles

Circles meet once a month, September - May, for Bible study and service.

### First Tuesday Morning Circle

Contact Lorinna Lowrance, [lawlowrance@gmail.com](mailto:lawlowrance@gmail.com)

First Tuesday Morning Circle meets in the Library (in the Education Hall) at 10:00 a.m.. The study is around the Presbyterian Women's Horizon Bible Study - "God's Promise, I am With You".

### Second Tuesday Morning Circle

Contact Mary Ellen Thomas, [claythomas@carolina.rr.com](mailto:claythomas@carolina.rr.com)

Second Tuesday Morning Circle meets in the Library (In the Education Hall) at 10:00 a.m. The study is around the Presbyterian Women's Horizon Bible Study - "God's Promise, I am With You".

### Evening Circle

Contact Mary Hendrick, [sjhme@msn.com](mailto:sjhme@msn.com)

The evening circle meets on the first Tuesday of the month in the Dining Room. This year the study will be Max Lucado's book, "You'll Get Through This".



## Mustard Seed Groups

Mustard Seed Groups are Sardis' small group ministry. People meet for fellowship, Bible study, service projects, and prayer. The groups are led by a trained leader. Each group chooses the topic of its study and the nature of its service or outreach projects.

For more information about the Mustard Seed Groups, please pick-up a brochure in the Narthex or Gathering Place, or visit our website at [www.sardis.org](http://www.sardis.org).